



ORCHARD LAKE ST. MARY'S PREPARATORY CREW NEWS 2009



SCHOLASTIC ROWING ASSOCIATION 2009 SRAA NATIONALS Mercer Lake, NJ



3 for 3 and 1

What does that mean? Well let me tell you

St. Mary's Preparatory sent three boats to the SRAA Nationals and all three made it to the Finals; 3 for 3. But wait, one placed 2nd taking home the Silver in the MJ4+; 3 for 3 & 1. It was a good solid weekend of rowing and a solid week for the men of OLSM.

Friday was Heats and all three boats; ML4+, MJ4+ & MS4+; performed well. The ML4+ and MS4+ placed 1st in their heats and the MJ4+ placed 2nd. It seemed the MJ4+ was stuck in 2nd the entire event which was a good thing.

The Semi-finals and finals were held on Saturday. The cool breezes of the previous day had past and the temperature and humidity were kicking up. Sure to have an effect on the rowers.

The semi-finals were good to OLSM and all boats advanced. But this time the finishes were ML4+ 3rd, MS4+ 2nd, and of course the MJ4+ a strong 2nd. Like I said all event long.



MJ4+ SRAA NATIONALS, 2ND PLACE, OLSM

This was truly a great weekend. Three boats from OLSM were now in the SRAA National Finals. The MJ4+ went first and a strong showing was produced. 2nd place, Silver at Nationals, was earned by the MJ4+ with a time of 5:28.20; 4 seconds out of 1st. Then the excitement kicked-in. Due to equipment availability, the ML4+ had to hot seat the boat.

As soon as the MJ4+ finished, OLSM completed a Hot Seat at the finish line shore. The ML4+ rowed up course just in time for the start of the final. 5:37.89 later, the ML4+ took 5th place in the final. The ML4+ gave it their all; especially A. Pope-Starnes who collapsed at the finish line (dehydration). Medical attention was given and we are glad to report Andy is fine.

The last event was the MS4+. The boat, made up of seniors, had one more shot to medal at SRAA Nationals. Try though they may, the MS4+ finished 6th with a time of 5:42.33.

In the end all the boys are to be proud for making it to the finals. And a hats off to the MJ4+ for taking the Silver medal at the 75th running of the SRAA Nationals. The eaglets of OLSM have one regatta remaining, the CSSRA in St. Catharines, Ontario. We wish them the best.

Brought to you by the OLSM Crew Booster Club

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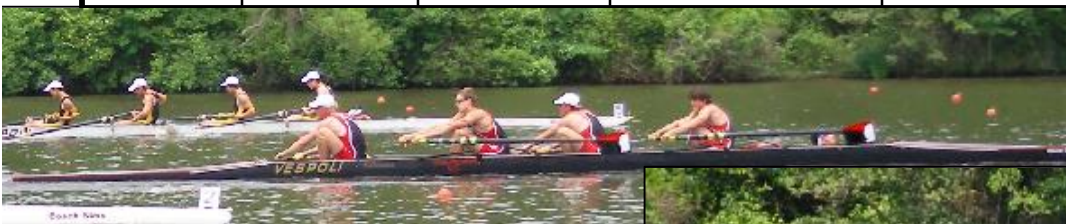
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Regatta Race Times



#	EVENT	FINISH	TIME	PLACING
37	MJ4+ Heat	2	5:10.85	1 Haverford 5:10.70 2 OLSM 5:10.85 3 Radnor 5:25.64
54	MS4+ Heat	1	5:09.83	1 OLSM 5:09.83 2 Upper Arlington 5:10.84 3 Ignatius 5:11.56
81	ML4+ Heat	1	5:12.91	1 OLSM 5:12.91 2 Oakcrest 5:16.05 3 WT Woodson 5:5:21.21
123	MJ4+ Semi	2	5:31.65	1 Egg Harbor 5:27.50 2 OLSM 5:31.65 3 AA Huron 5:34.10
131	ML4+ Semi	3	5:34.19	1 Lower Merion 5:32.24 2 Canisius 5:33.64 3 OLSM 5:34.18
145	MS4+ Semi	2	5:28.62	1 Bonner RA 5:27.86 2 OLSM 5:28.62 3 St. Pauls 5:29.03
161	MJ4+ Final	2	5:28.20	1 Egg Harbor 5:24.51 2 OLSM 5:28.20 3 Haverford 5:29.85
165	ML4+ Final	5	5:37.89	1 Egg Harbor 5:26.04 2 Lower Merion 5:28.29 3 St. John's 5:31.43
179	MS4+ Final	6	5:42.33	1 Manhasset 5:27.84 2 Woodbridge 5:29.83 3 Bonner RA 5:37.18



CLOCKWISE FROM TOP: MS4+, ML4+, MJ4+